

Saturday, June 1, 2019

8:30 AM Start Airport Park

Choose to run a 5K, 10K, or 15K on Colchester's scenic, Causeway Path over Lake Champlain! The race starts at Airport Park and follows a gravel trail out onto the Causeway. Runners will make their way to designated turn-around points on the Causeway before returning to the finish at Airport Park.

Results, T-Shirt, and post-race refreshments included.

10K & 15K Runners must be at least 12 years old.

Registration Fee: \$30.00

Register online at



Or with Colchester Parks & Recreation 781 Blakely Road, Colchester, VT



http://colchestervt.gov/recreation Follow us @ColchesterRec on Facebook, Instagram, Twitter, and Snapchat!



Colchester Parks & Recreation Department

Causeway 5K, 10K & 15K Running Race

Saturday, June 1st, 2019

Race begins at 8:30 a.m.

Location: Airport Park, 500 Colchester Point Road, Colchester, VT 05446



2019 Registration Form

2013 Registration i offin						
Gender (Circle):	Female	Male	Race Distance (Circle):	5KM	10KM	15KM
Last Name: First Name:						
T-Shirt Size (Circle)): S M	L XL	XXL T-Shirt Type (Ci	rcle):	Male	Female
Address:	Register by May 1st to guarantee your shirt size					
City, State, Zip:						
Phone:		Email:				
Birthdate:/ Age On Race Day:						
Registration Fee: \$30.00						
Make checks payable to: Colchester Parks & Recreation Department						
Master Card and Visa Accepted: MasterCard Visa Visa						
Card #			Ехр. І	Date:		
Mail registration & payment to: Colchester Parks & Recreation, 781 Blakely Road, Colchester, VT 05446						
Online registration available - Powered by:						
WAIVER OF LIABILITY: I hereby for myself, my heirs and executors waive and release all rights and claims by damages I may have against the Colchester Parks & Recreation Department, race sponsors, race organizers, volunteers and Town of Colchester through which the race passes for all injuries suffered by me during my participation in the 2019 Colchester Causeway Race. I verify that I am physically fit and sufficiently trained for this competition and that my physical condition for participation in these types of events have been verified by a licensed medical doctor during the last six months.						
contact with other pathe Causeway, all suroller blades and rur abide by any decision ther grants full perm	articipants, the uch risks being ning with a do on of a race offinission to Colch	effects of the known and ag are not all icial relative nester Parks	ed with running in this event, in eweather, including high head appreciated by me. I understallowed in the race and I will all to my ability to safely completes & Recreation and or agents her record of this event for any	at and/or wi and that bid bide by all refet the run. The authorized	nd, the co cycles, bat ace rules. The under	onditions of by joggers, I agree to signed fur-
NOT be transferred t	to another ever	nt or year. E	for any reason after you regis ntries can be transferred to and By registering for this event you	other perso	n no later	than Tues-

Signature (if under 18, parent signature required):